A CLUBHOUSE is a unique, voluntary, member-driven psychosocial rehabilitation program for adults who experience the challenges of mental illness. Within a supportive environment, program participants (members) are offered a multitude of services to improve the quality of their lives through meaningful work, positive relationships, and gainful employment. Members can build on their strengths and abilities to acquire or improve skills needed to reach their individual goals and aspirations.

The Clubhouse approach to psychiatric rehabilitation began in 1948 with Fountain House in NYC. Fountain House has been replicated in over 30 countries and clubhouses aspire to follow the international clubhouse standards.

The Clubhouses in Hawaii are members of the International Center for Clubhouse Development (ICCD).

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### Basic Components of the Clubhouse

- **DAY PROGRAM:** Clubhouses have a work day; work is voluntary. Members and staff work together to operate the clubhouse.

- **EMPLOYMENT PROGRAM:** Members receive a variety of vocational support for paid work opportunities in the community.

- **EVENING, WEEKEND, AND HOLIDAY PROGRAMS:** Social and recreational opportunities provide members choices for their leisure time and compliments the clubhouse work day.

- **COMMUNITY SUPPORT SERVICES** (Case Management): Members receive assistance from peers and staff in a variety of areas in order to obtain the highest quality of life possible.

- **SUPPORTED EDUCATION:** In-house education services and college support is offered for members wanting to further their education.

- **HOUSING SUPPORT OR SERVICES:** Members are encouraged to live as independently as possible.

- **OUTREACH:** Members receive phone calls, cards, and outreach visits. Members and staff reach out to members because the clubhouse is like an Ohana (family).

- **ADVOCACY FOR PEOPLE WITH MENTAL ILLNESS** (including research): Personal, legislative, and legal advocacy activities are an integral part of the clubhouse to ensure members receive a high standard of service.

- **ADMINISTRATION AND MANAGEMENT OF THE CLUBHOUSE:** Members are partners in managing the clubhouse as well as decision making at the clubhouse.

- **SUPPORTING THE DEVELOPMENT OF OTHER CLUBHOUSES:** Clubhouses learn from each other and value the development of new clubhouses to ensure more services for men and women recovering from mental illness.
Primary Forms of Clubhouse Employment

Transitional Employment (TE)
- Time-limited job positions, 6-9 months.
- Positions belong to the Clubhouse.
- Part time jobs
- Clubhouse develops & maintains relationship with the employer; provides on site training & support; & absence coverage.

Supported Employment (SE)
- Not time-limited
- Positions belong to the Member
- Competitive interview
- Clubhouse develops & maintains relationship with the employer.
- Assists with job site development & training
- Part time or full time jobs, no absence coverage

Independent Employment (IE)
- Not time-limited
- Position belongs to the Member
- Clubhouse does not commit to formal relationship with the employer.
- Clubhouse assists with career development, job search, and ongoing support (i.e. employment dinners at the clubhouse)
- Part time or full time jobs, no absence coverage.

Do you want to join a Clubhouse?

1) Call a Clubhouse for a tour and request a New Member application; or
2) If you have a Case Manager, complete a New Member application with your Case Manager.
3) If you do not have a Case Manager, call the ACCESS line at 832-3100; neighbor islands call 1-800-753-6879. You will be given an appointment for an evaluation at a local Community Mental Health Center.

Clubhouses are open for adults with severe and persistent mental illness and do not present a current threat to the general safety of the Clubhouse community.

Mahalo to all our employers that provide transitional and supported employment placements...

Hawaii Clubhouses are operated through the Community Mental Health Center System Administration Branch. Clubhouses are supported by the Adult Mental Health Division, Department of Health, State of Hawaii.